

# buffalo turkey tacos



Serving Suggestion



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portion size:  
2 tacos

Ingredients	50 Servings		100 Servings		Directions
	Measure	Weight	Measure	Weight	
Turkey Taco Filling Crumbles FC, #6398-40, thawed		7 lbs. 8 oz.		15 lbs.	1. Mix turkey crumbles with hot sauce. Heat crumbles to 140°F. 2. Warm taco shells. Fill each taco shell with 1.2 oz. turkey crumbles (about 1/4 c.), 2 tbsp. chopped romaine and 1 tbsp. diced tomatoes. 3. Serve one portion of 2 tacos with 1 oz. (2 tbsp.) blue cheese or ranch dressing on the side.
Hot sauce	1/4 c. 1 tbsp.		1/2 c. 2 tbsp.		
Crisp corn taco shells, 6"	100 ea.		200 ea.		
Shredded or chopped romaine	1 qt. 3 c.		3 qt. 1 c.		
Diced tomatoes, fresh	3 1/2 c.		1 qt. 3 c.		
Low-fat blue cheese dressing, prepared or low-fat ranch dressing, prepared	1 qt. 3 c.		3 qt. 1 c.		

• 1 serving provides 2 oz. meat/meat alternate, 1 bread/grain, and 1/8 c. (other) vegetable.

For preparation by a food preparation establishment only, according to the food code or equivalent.

Nutrients Per Serving					
Calories	290 cal	Trans Fat	0 g	Carbohydrates	24 g
Fat	15 g	Cholesterol	48 mg	Dietary Fiber	3 g
Saturated Fat	4 g	Sodium	804 mg	Protein	15 g